

FLORIDA ACADEMY OF PAIN MEDICINE
ANNUAL CONFERENCE AND MEETING, 2003
Florida Society of Physical Medicine and Rehabilitation Spring Meeting
Hilton Clearwater Beach Resort

Program and Educational Objectives

Friday, May 16, 2003 WORKSHOPS **

7 – 8 am *Continental Breakfast/Registration (Coffee Available All Morning)*

8 am – 12 pm **“Intradiscal Annuloplasty”**
Robert D. Gruber, D.O.
Clearwater, FL

At the end of this session, participants should be better able to....discuss the indications for intradiscal annuloplasty; describe the technical characteristics of the radiofrequency option for annuloplasty; perform the extrapedicular technique for intradiscal needle and catheter placement for discography and annuloplasty; describe the unique technical aspects of placement of an intradiscal device.

8 am – 12 pm **“Spinal Cord Stimulation”**
12 – 1 pm *Ashraf F. Hanna, M.D.*
Lunch on Your Own *Clearwater, FL*

Thomas L. Yearwood, M.D., Ph.D.
Daphne, AL

.... Employ implantation techniques for the percutaneous trial as well as permanent placement of a spinal cord stimulator.

8 am – 12 pm **“Botulinum Toxin in the Treatment of Cervicothoracic Pain
& Headache”**
John Muenz, Jr., M.D.
Jacksonville, FL

Gary W. Jay, M.D.
Lake Mary, FL

....discuss the physiology and pharmacology of botulinum toxin; relate the pathophysiology of cervicothoracic pain and headache; perform techniques using botulinum toxin for the treatment of cervicothoracic pain and headache.

Lunch on Your Own

1 – 5 pm *Coffee/Beverages Available All Afternoon*

A. “Regenerative Injection Therapy/Prolotherapy”
Felix Linetsky, M.D.
Palm Harbor, FL

....correctly diagnose chronic, painful conditions of the locomotive systems; identify normal & pathologic cross-sectional anatomy, as well as anatomical variations; discuss current literature which supports manipulation under local joint anesthesia, as well as a series of anesthetic blocks for diagnosis of somatic pain; perform the RIT procedure.

B. “Radiology for NonRadiologists”

Chunilal P. Shah, M.D.

Clearwater, FL

...define and identify radiological images (plain x-rays, myelograms, CT, and MRI) of normal anatomy and pathological anatomy used in the evaluation of spine pain including disc bulge, herniation and protrusion, central/lateral/neuroforaminal stenosis, facet arthropathy, spinal infection, and tumors.

***These workshops are designed to be, in some cases, hands-on, and in all cases very interactive, no more than 20-25 participants per session.*

5 – 7 pm *Opening Cocktail Reception in Exhibit Hall*

7 pm **Dinner on Your Own**

Saturday, May 17, 2003

7 – 8 am *Continental Breakfast in Exhibit Hall/Registration*

8 – 8:05 am **Welcome**

Lorry S. Davis, M.Ed., FAPM Executive Director

Gainesville, FL

8:05 – 8:15 am **Presidential Address**

Gary W. Jay, M.D.

8:15 – 9 am **“Proper Use of Opioids”**

Rafael Miguel, M.D.

Tampa, FL

... describe the difference between a Florida Statute and a Board of Medicine Rule; describe the general tenets of the Florida Intractable Pain Statute; identify the 4 basic requirements which will reduce the likelihood of disciplinary action by the Board of Medicine when prescribing controlled substances; identify the most common deficiencies which lead to disciplinary action on one’s medical license; recall the disciplinary guidelines associated with improper prescribing practices relating to controlled substances.

9 – 9:45 am **“Recent Advances in the Management of Headache”**

Gary W. Jay, M.D.

...describe the pathophysiology of the primary headache syndromes (migraine, cluster and tension-type headaches); discuss the new, or recent advances in the management of the primary headache disorders; relate the link between the pathophysiology of the primary headache syndromes and the management of these problems.

9:45 – 10:15 am *Coffee Break in Exhibit Hall*

10:15 – 11 am **“The Symptom Magnifier”**

Anthony Dorto, M.D.

Hollywood, FL

...define malingering and symptom magnification; recognize malingering and symptom magnification “red flags” through review of records, observation, and clinical examination; reflect these issues in their reports; and plan a course of action when malingering and symptom magnification are found.

11 – 11:45 am **“Recent Advances in Surgical Treatment for Low Back Pain”**
Anthony Moreno, M.D.
Clearwater, FL

...outline the history of spinal surgery and lumbar fusion; list the procedures available today in the U.S. for back pain; describe the procedure involving transforaminal lumbar interbody fusion.

11:45 am – 1 pm *Luncheon/FAPM Annual Business Meeting*

1 – 2 pm **“Recent Advances in Spinal Cord Stimulators”**
Thomas Yearwood, M.D.
Daphne, AL

...discuss the biochemistry of neuropathic pain; discuss the mechanisms of action of spinal cord stimulation (SCS) therapy in neuropathic pain including ascending pathways, central mechanisms, and adjunctive medications; describe new applications of SCS therapy to common pain problems such as occipital neuralgia and visceral pain (pancreatitis, interstitial cystitis, and angina); relate advanced techniques in nerve root stimulation (transforaminal and paraforaminal); outline programming strategies.

2 – 3 pm **“Vertebral and Paravertebral Origin of Pain”**
Felix Linetsky, M.D.

... review normal & pathologic cross-sectional and clinical anatomy, as well as anatomical variations; discuss current literature regarding nonsteroidal anti-inflammatory drugs and steroid preparations in chronic painful overuse conditions, as well as degenerative painful conditions of ligaments and tendons vs current literature regarding microinterventional regenerative techniques and proper rehabilitation including mild opioid analgesics.

3 – 3:30 pm *Beverage Break in the Exhibit Hall*

3:30 – 4:30 pm **“Pseudosciatica”**
Andrea M. Trescot, M.D.
Orange Park, FL

...identify some causes of pseudosciatica; suggest some diagnostic dilemmas involved in the treatment of low back pain; approach causes of sciatica with a high index of suspicion.

4:30 – 6 pm *Cocktail Reception in Exhibit Hall*

7 – 9 pm *President’s Dinner*

Sunday, May 18, 2003

7 – 8 am *Continental Breakfast in Exhibit Hall/Registration*

8 – 8:45 am **“Imaging in Pain Management”**
Joe Fortin, D.O.
Fort Wayne, IN

...explain the basic physical principles of imaging modalities including plain films (X-rays), radionuclide scan, myelography, computed tomography scan (CT), magnetic resonance imaging (MRI); systematically approach selection and application of the appropriate imaging study to insure a more accurate diagnosis and proper treatment; apply an algorithm framework for interpretation of the imaging studies.

8:45 – 9:30 am **"Minimally Invasive Options to Disc Surgery," Joe Fortin, D.O.**

9:30 – 10 am ***Coffee Break in Exhibit Hall***

10 – 10:45 am **“Percutaneous Vertebroplasty”**

Avery Evans, M.D.

Tampa, FL

...recite the history of the use of polymethylmethacrylate (PMMA – bone cement) in vertebral bodies; discuss the hypothetical effects of PMMA on vertebral body fractures as well as the potential toxicity of PMMA; discuss osteoporosis and vertebral compression fractures (VCFs) as well as their cost in terms of public health, economics, acute and chronic symptoms, and long term consequences; outline treatment options for VCFs including conventional and surgical therapies; relate the summary of a 21 year study of using bone cement to fill defects; conduct a better patient consultation to determine appropriateness of vertebroplasty; employ pre-procedure imaging studies; better avoid complications of the procedure such as cement in the wrong place and inappropriate needle placement.

10:45 – 11:30 am **“Is There an Impairment Rating for Pain?”**

Oregon Hunter, M.D., and Dorothy Clay Sims, J.D.

Ocala, FL

...define pain (International Association for the Study of Pain, IASP, definition); discuss subjective/objective issues of pain; define impairment rating (American Medical Association and Florida Uniform Permanent Impairment Rating Schedule, FUPIRS, definitions); argue the pros and cons of rating pain in disorders such as causalgia, posttraumatic neuralgias, reflex sympathetic dystrophy, complex regional pain syndromes, sensory deficits due to peripheral nerve injury, and painful organic disorder.

11:30 – 11:45 am **Farewell Address**

Ashraf Hanna, M.D., Program Chair

Clearwater, FL

11:45 am – 12:30 pm **FAPM Board Meeting**

12:30 – 3:00 pm ***Florida Society of Physical Medicine and Rehabilitation***

Luncheon/Spring Meeting

******Topics and speakers may be subject to change.***

The ideas represented in presentations at FAPM 2003 do not necessarily reflect FAPM positions. FAPM disclaims responsibility or liability for information represented at FAPM 2003. FAPM does not endorse, nor necessarily support the content contained in the educational offerings.