

Florida Academy of Pain Medicine

Is Proud to Present

**THE 2010 ANNUAL
SCIENTIFIC MEETING**

In Conjunction with

*Florida Society of Physical Medicine & Rehabilitation
Southern Society of Physical Medicine & Rehabilitation
American Academy of Regenerative Orthopedic Medicine*

July 16-18, 2010

The Breakers

Palm Beach, Florida



FAPM, FSPMR, SSPMR, and AAROM gratefully acknowledge an Educational Grant from St Jude Medical; Saturday's Lunch Sponsorship from Millennium Laboratories; Use of Ultrasound Equipment and Technician from GE; Syllabus Thumb Drives, Lanyards, and Saturday's Dinner Sponsorship from Florida Doctors Insurance Company/Danna Gracey

**THIS ACTIVITY IS JOINTLY SPONSORED BY THE
FLORIDA MEDICAL ASSOCIATION**



Make Plans to Attend Florida Academy of Pain Medicine 2010 Annual Scientific Meeting

*Florida Society of Physical Medicine & Rehabilitation & Southern Society of Physical Medicine & Rehabilitation
American Academy of Regenerative Orthopedic Medicine*

This annual scientific meeting will feature a faculty, some nationally recognized, from a variety of pain medicine specialties, and will also feature an additional physical medicine and rehabilitation track on Saturday afternoon. This content-filled conference will provide the pain medicine and physical medicine and rehabilitation practitioner with sophisticated diagnostic guidelines necessary to evaluate complex syndromes, including demonstrations and training in cutting edge techniques. Educational formats will include a “hands-on” workshop, lectures, power point presentations, and plenty of Question and Answer time for audience participation and learning.

HOST HOTEL

The Breakers

One South County Road
Palm Beach, Florida 33480

This conference has sold out of its roomblock with The Breakers. We have arranged for additional rooms at The

Colony Hotel, just a few short blocks from The Breakers. Please call 561 655 5430, ask for reservations. The rate is \$175/night and includes breakfast. You do not need to say you are with any particular group.

The Breakers is a luminous classic in the world of resorts, one that could not be replicated today. Yet it has never been more inviting. Over \$225 million has been invested, to date, in its ongoing revitalization and expansion. Its timeless atmosphere has been renewed with an exquisite yet relaxed style, a residential elegance that has been energized with a youthful, family-minded philosophy. It is Palm Beach’s palace on the sea, but with the feel of an inn.

In its truest form, service comes from the heart. It is a team of service professionals inspired to be naturally helpful, empowered to graciously anticipate. Gestures of service you deserve to experience, unobtrusively and with a warm and caring manner.



Whether for sport or relaxation, recreation abounds at The Breakers with 36 holes of championship golf, including the revitalized Ocean Course and the new Rees Jones designed course at Breakers West; premium tennis facilities; a luxury oceanfront spa; a Mediterranean-style beach club with four oceanside pools; first-class fitness facilities; water sports; a dedicated Family Entertainment Center; interactive family and children’s programs; irresistible boutiques and an array of memorable restaurants designed to suit every palate.

- 560 newly renovated guest rooms, including 57 suites
- Luxurious oceanfront spa and waterfront Jacuzzi
- Four heated, oceanfront pools, including an adult-only lap pool and children’s pool
- Two fitness centers, two beauty salons, ten boutiques.
- Family Entertainment Center featuring a toddlers’ play room, arcade, craft area, movie room and computer/Xbox room
- Baby—sitting services
- Eight unique restaurants and four bars
- 24-hour in-room dining
- 32,000 square foot golf and tennis clubhouse featuring a sports pro shop and The Flagler Steakhouse
- 36 holes of championship golf, featuring the Ocean Course and the new Rees Jones designed course at Breakers West
- 10 lighted Har—Tru tennis courts with resident Pro
- Scuba diving, deep—sea fishing, and other water sports, shopping and tours nearby.
- Meeting facilities include a total of 65,000 square feet of indoor and outdoor space

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Florida Medical Association and the Florida Academy of Pain Medicine. The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

The Florida Medical Association designates this educational activity for a maximum of thirty-one and ¾ (31.75) AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Based on concurrent scheduling of CME sessions, the maximum number of credits one person may earn is twenty (20.0).

PLANNERS/SPEAKERS DISCLOSURE STATEMENTS

Dr Barolat is a Consultant for and on the Speakers’ Bureau of Medtronic and St Jude Medical; Dr Centeno is a Major Stock Shareholder in and Medical Director for Regenerative Sciences LLC; Dr Clark is on the Speakers’ Bureau of GE; Dr Freed is the Medical Director for Florida Hospital Rehabilitation and Sports Medicine; Dr Frey is a Consultant for Boston Scientific and on the Speakers’ Bureau of Pfizer and PriCara; Dr Geis receives Grant/Research Support from Allergan and Medtronic; Dr Golden is on the Speakers’ Bureau of Lilly Pharmaceuticals and Endo Pharmaceuticals; Dr Patin is on the Speakers’ Bureau of Merck, Pfizer, Endo Pharmaceuticals, and Meda Pharmaceuticals; Dr Ray is a Consultant for and on the Speakers’ Bureau of Eli Lilly and Xanodyne; Dr Tolchin is on the Speakers’ Bureau of Allergan; Dr Zasler is a Major Stock Shareholder and Owner of Concussion Care Centre of Virginia; and Drs Dieguez, Dorto, Di Fu (China), Irwin, Linetsky, Machado, Miletic, Monzon, Moskowitz, and Sherman, and Atty Nuland disclosed no financial relationships relevant to their presentations.

2010 Program Schedule

Florida Academy of Pain Medicine

Florida Society of Physical Medicine and Rehabilitation and Southern Society of PM&R

American Academy of Regenerative Orthopaedic Medicine

July 16 - 18, 2010

Friday, July 16, 2010: Workshops

- 7:30 am – 5:30 pm: **10 Hour Basic Pain Medicine and Opioids Course (Program Pg 5)**
Michael H Moskowitz MD MPH (Mill Valley CA); Marla D Golden DO MS (Jacksonville FL); Albert L Ray MD (Miami FL); Dennis J Patin MD (Miami FL)
- 8:00 am – 5:00 pm: **8 Hour Ultrasound Workshop including Platelet Rich Plasma Injections with Ultrasound Guidance and Patient Demonstrations**
- Thomas B Clark BS DC RVT (Vista CA), and Felix S Linetsky MD (Clearwater FL)

Saturday, July 17, 2010 (Morning - All Attendees)

- 7:00 – 8:00 am **Breakfast in the EXHIBIT HALL/Registration**
- 8:00 – 8:15 am Welcome – Raul A Monzon MD, FAPM President (St Augustine FL)
- 8:15 – 9:00 am Morning Theme: The Brain, The Body, and Pain Syndromes (all attendees)
- 8:15 – 9:00 am “The Neuroplastic Brain: Pain and Pleasure”
Michael H Moskowitz MD MPH (Mill Valley CA)
- 9:00 – 9:45 am **Keynote: “Neuromodulation”:** Giancarlo Barolat MD (Denver CO)
- 9:45 – 10:15 am **Coffee Break in the EXHIBIT HALL**
- 10:15 – 10:45 am “Manual Therapies in the Treatment of Pain”:
Marla D Golden DO MS (Jacksonville FL)
- 10:45 – 11:15 am “Cognitive/Emotional Therapies for Neuroplastic Pain Syndromes”:
Albert L Ray MD (Miami FL)
- 11:15 am – 11:45 am “Peripheral Field and Peripheral Nerve Stimulation”:
Giancarlo Barolat MD (Denver CO)
- 11:45 am – 12:00 pm Panel Discussion/Q&A: Drs Moskowitz, Barolat, Golden, and Ray
- 12:00 – 1:15 pm **Annual Meeting Luncheon**

Choice of 2 Afternoon Tracks:

Track I: Integrative Techniques in Pain Medicine

- 1:15 – 2:00 pm “Acupuncture in Pain Medicine”:
Di Fu MD (China), CA, FL Lic AP (Tamarac FL)
- 2:00 – 2:45 pm “Stem Cells in Pain Management”:
Christopher J Centeno MD (Westminster CO)
- 2:45 – 3:15 pm **Beverage Break in EXHIBIT HALL**
- 3:15 – 4:00 pm “Medical, Rehabilitation, & Interventional Care: Sacral/Coccyx Injuries”:
Michael E Frey MD (Ft Myers FL)
- 4:00 – 4:45 pm “Regenerative Injection Therapies: Prolotherapy, Sclerotherapy, and Platelet Rich Plasma (PRP) in Pain Treatment”:
Felix S Linetsky MD (Clearwater FL)

(Program (Saturday, July 17))

- 4:45 – 5:00 pm “Prospective Interventional Pain Medicine Study – Platelet Rich Plasma Intradiscal Injection”: Jack Miletic, MD (Winter Park FL)
- 5:00 – 5:30 pm “Panel Discussion/Q&A” - Drs Centeno, Fu Di, Frey, Linetsky, and Miletic
- 5:30 – 6:30 pm **President’s Reception in EXHIBIT HALL**
- 7:00 – 9:00 pm **Florida Society and Southern Society of Physical Medicine and Rehabilitation Annual Meeting Dinner**

Track II: Physical Medicine and Rehabilitation Specialty Areas of Practice

- 1:15 – 2:00 pm “How to Grow and Maintain an Outpatient Concussion Practice”:
Nathan D Zasler MD, AAPM&R, FAADEP, DAAPM (Richmond VA)
- 2:00 – 2:45 pm “How to Grow and Maintain an Inpatient Rehabilitation Practice/Navigate IRF Rules, Denials and Inpatient Rehabilitation Requirements: Mitchell J Freed MD (Orlando FL)
- 2:45 – 3:15 pm **Beverage Break in EXHIBIT HALL**
- 3:15 – 4:00 pm “How to Grow and Maintain an Independent Medical Evaluation Practice”:
Anthony J Dorto, DC, MD, FAAPM&R, FAADEP (Miami FL)
- 4:00 – 4:45 pm “How to Grow and Maintain a Neurotoxin Practice”:
Carolyn Geis MD, (Daytona Beach FL)
- 4:45 – 5:30 pm “How to Provide Education for Medical Students, PM&R Residents, and Spine/Pain Fellows within a Busy Clinical Environment”:
Andrew L Sherman MD MS (Miami FL)
- 5:30 – 6:30 pm **President’s Reception in EXHIBIT HALL**
- 7:00 – 9:00 pm Florida Society and Southern Society of Physical Medicine and Rehabilitation Annual Meeting Dinner Sunday, July 18, 2010

Program (Sunday, July 18) (Morning Only - All Attendees)

- 7:30 – 8:00 am **Breakfast in EXHIBIT HALL/Registration**
- 8:00 – 8:15 am Welcome – Raul A Monzon MD, FAPM President (St Augustine FL)
- 8:15 – 9:00 am “Florida Board of Medicine Pain Clinic Rules and Update”:
Christopher Nuland Esq (Jacksonville FL)
- 9:00 – 9:45 am “Legislative Update from the Florida Medical Association”:
Miguel A Machado MD (St Augustine FL)
- 9:45 – 10:15 am “How You Can Get Involved”:
Raul Monzon MD (St Augustine FL),
Albert L Ray MD (Miami FL), Marla D Golden DO MS (Jacksonville FL)
- 10:15 – 10:45 am **Coffee Break in EXHIBIT HALL**
- 10:45 – 11:15 am “Use of Ultrasound in Pain Medicine”:
Robert W Irwin MD (Miami FL)
- 11:15 am – 11:45 am “Small Fiber Neuropathy: Diagnosis and Management Options”:
Ronald B Tolchin DO (Miami FL)

SCHEDULE

10 Hour Basic Pain Medicine & Opioids Course

Friday, July 16, 2010, 7:30 am – 5:30 pm

This 10 Hour Course has no scheduled breaks, and there will only be a minute between speakers. Please excuse yourself when you need to and return promptly. There will be a working lunch served at noon, and coffee, tea, and water will be available all day.

- 7:30 – 8:30 am** ***Basics of Pain Science***
Michael H Moskowitz MD MPH
(Mill Valley CA)
- 8:30 – 9:30 am** ***Evaluation and Treatment Planning of Chronic Neuropathic and Musculoskeletal Pain***
Marla D Golden DO MS (Jacksonville FL)
- 9:30 – 10:30 am** ***Pharmacology of Pain: Opioids***: Dr Moskowitz
- 10:30 – 11:30 am** ***Pharmacology of Pain: Non-opioids***
Albert L Ray MD (Miami FL)
- 11:30 am – 12:30 pm** ***Pharmacology of Pain: Psychotropics***: Dr Ray
- 12:30 – 1:30 pm** ***Abuse, Addiction, and Diversion***: Dr Golden
- 1:30 – 2:30 pm** ***Interventional Pain Techniques and Treatments***:
Dennis J Patin MD (Miami FL)
- 2:30 – 3:30 pm** ***Non-interventional/Non-invasive Pain Techniques and Treatments Documentation and Safe Practices***: Dr Golden
- 3:30 – 4:30 pm** ***Documentation and Safe Practices***: Dr Moskowitz
- 4:30- 5:30 pm** ***The Difficult Patient***: Drs Moskowitz, Golden, and Ray

Florida Academy of Pain Medicine
Florida Society of Physical Medicine and Rehabilitation/Southern Society of PM&R
American Academy of Regenerative Orthopedic Medicine

July 16 – 18, 2010

The Breakers, Palm Beach, Florida

[REGISTRATION ONLINE](#) *(CLICK HERE).*

Registration by mail:

Name: _____ **Email:** _____

Address, City, State: _____

Telephone: _____ **Fax:** _____

Payment – mail check to FAPM, PO Box 330298, Atlantic Beach, FL 32233-0298

Friday Workshops:

Friday, July 16, 2009

8 am – 6 pm	10 Hour Basic Pain Medicine and Opioids Course Hands-on Cadaver Lab	\$275 _____
8 am – 5 pm	8 Hour Ultrasound Workshop including PRP Injections with Ultrasound Guidance and Patient Demonstrations	\$500 _____

Conference:

Saturday and Sunday, July 17 and 18

FAPM,FSPMR,SSPMR,AAROM Member \$449 _____

NonMember: Physician - MD/DO \$549 _____

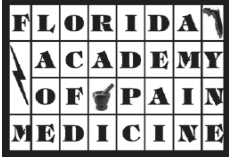
Nurse/PA/PT/Licensed Healthcare Professional
or Retired Physician \$299 _____

Resident/Fellow \$0 _____

Not a Member? Join FAPM Now (better than a 25% savings) only \$200 _____

*To apply, go online <http://fapmmed.net/ConfReg.htm>
and follow instructions or print and complete attached form,
along with this one, and send in with check.*

TOTAL: \$ _____



Florida Academy of Pain Medicine

Mission: To pursue a high standard of excellence in the practice of pain medicine; to promote the interests of patients suffering with pain; to enhance the scope and level of knowledge for pain disorders; to enhance physician knowledge in clinical evaluation and treatment of patients with persistent pain disorders through continuing education activities; and to promote a healthy socioeconomic climate conducive to patients suffering from persistent pain so that they receive high quality and specialized medical care.

Membership Application

Mail with check to: Lorry S. Davis, M.Ed., Executive Director
P.O. Box 330298, Atlantic Beach, FL 32233-0298
Ph. 904 270 8886, Fax 904 246 9233

I am a Licensed Physician in good standing. I am enclosing my application fee of \$275.

Name: (Send check if mailed. ONLINE: <http://fapmm.net/ConfReg.htm>)

Degrees: _____

Please indicate how you would like your name & degrees to appear on documents

Company/Institution: _____

Office Address: _____

City: _____ State _____ Zip: _____

Office Phone : _____ Fax: _____

Email (Important!) _____

Primary Speciality _____

Secondary Speciality _____

Other Areas of Professional Interest _____

Please List Professional Organizations to which you belong: FMA? Yes NO

Board Certification (s) _____

Date of Birth _____ Sex _____ Spouses Name _____ Home phone: _____

Home Address: _____

PLI Carrier: _____

State (s) in which you are Licensed to Practice Medicine: _____

License Number(s): _____

Signature _____

Florida Academy of Pain Medicine
2010 Annual Meeting, July 16 - 18, The Breakers, Palm Beach

EDUCATIONAL OBJECTIVES: All courses have been designed for physicians and other types of healthcare practitioners involved in pain medicine.

Friday, July 16, 2010 – Workshops

A. Basic Pain Medicine and Opioids Course – Ten Topics

1. Basics of Pain Science

Michael H Moskowitz MD MPH

At the end of this session, participants will be better able to distinguish chronic pain from acute pain; explain chronic pain within the context of the biopsychosocial model; discuss current knowledge about the pathophysiology of chronic nociceptive and neuropathic pain; distinguish between the symptoms of pain and the disease of pain.

2. Evaluation and Treatment Planning of Chronic Neuropathic and Musculoskeletal Pain

Marla D Golden DO MS

At the end of this session, participants will be better able to apply the principles of appropriate clinical assessment to patients with chronic pain; develop a clinical assessment and treatment plan using a biopsychosocial approach; employ the principles of multimodal treatment for patients with chronic pain.

3. Pharmacology of Pain: Opioids

Michael H Moskowitz MD MPH

At the end of this session, participants will be better able to determine the place of opioids in the complex rational polypharmacology used in the treatment of chronic pain; describe several different types of short and long acting opioid medications; develop treatment strategies for selecting, adjusting, and changing opioids in the treatment of chronic pain; explain the treatment strategy of using opioid tolerance to lower pain in chronic pain patients.

4. Pharmacology of Pain: Non-opioids

Albert L Ray MD

At the end of this session, participants will be better able to determine the place of non-opioid medications as part of the complex rational polypharmacology used in the treatment of chronic pain; describe several different types of non-opioid medications including SNRIs (serotonin-norepinephrine reuptake inhibitors), NSAIDs (nonsteroidal anti-inflammatory drugs) and AEDs (anti-epileptic drugs); explain the treatment strategy of using non-opioids to lower pain in chronic pain patients.

5. Pharmacology of Pain: Psychotropics

Albert L Ray MD

At the end of this session, participants will be better able to determine the place of psycho-pharmacological medications as part of the complex rational polypharmacology used in the treatment of chronic pain disorders; describe several different types of commonly used medications including SNRIs, SSRIs (selective serotonin reuptake inhibitors), anxiolytics, and hypnotics; develop treatment strategies for selecting, adjusting, and changing SNRIs, SSRIs, anxiolytics, and hypnotics in the treatment of chronic pain; explain the treatment strategy of using psychiatric medications to manage pain in chronic pain patients.

6. Abuse, Addiction, and Diversion

Marla D Golden DO MS

At the end of this session, participants will be better able to differentiate between abuse, addiction, tolerance, and dependency; discuss the classes of abused substances; discuss abuse as a medical issue and diversion as a legal issue; outline the different approaches to treating abusers and dealing with diverters.

7. Interventional Pain Techniques and Treatments

Dennis J Patin MD

At the end of this session, participants will be better able to place the role of interventional procedures in the continuum of pain management; list the various types of interventional procedures; discuss the indications for various procedures; state the efficacy and safety of selected procedures; refer appropriately for these procedures.

8. Non-interventional/Non-invasive Pain Techniques and Treatments

Marla D Golden DO MS

At the end of this session, participants will be better able to determine the place of non-invasive approaches in the treatment of chronic pain; list several different non-invasive approaches to treating chronic pain; develop strategies for selecting non-invasive approaches; evaluate appropriateness, efficacy, and outcome of non-invasive treatments for chronic pain.

9. Documentation and Safe Practices

Michael H Moskowitz MD MPH

At the end of this session, participants will be better able to explain how proper documentation provides access to treatment for patients with chronic pain disorders; protect their practices through proper documentation; access guidelines designed to help protect the public from diversion of controlled substances; use cumulative notes documenting successes and failures to provide more effective treatment planning.

10. The Difficult Patient

Michael H Moskowitz MD MPH

Marla D Golden DO MS

Albert L Ray MD

At the end of this session, participants will be better able to define the difficult patient and identify the elements of a difficult case; describe the usefulness of the biopsychosocial approach in the treatment of the difficult patient; review the difficult case from the perspectives of the patient, physician, disease, and the system; recognize their own limitations in treatment some patients, and make appropriate referrals for improved outcomes.

B. Ultrasound Workshop: Platelet Rich Plasma (PRP) Injections with Ultrasound Guidance and Patient Demonstrations

Thomas Clark DC RVT

Felix S Linetsky MD

At the end of this session, participants will be better able to outline the principles of ultrasound imaging and guidance; perform needling techniques for the shoulder, elbow, wrist, spine, pelvis, and lower extremities; inject PRP into these structures.

Saturday, July 17, 2010

Morning Theme: The Brain, the Body, and Pain Syndromes

The Neuroplastic Brain: Pain and Pleasure

Michael H Moskowitz MD MPH

At the end of this session, participants will be better able to outline several pain theories as they relate to the brain; describe changes in the brain that occur due to nociceptive and neuropathic pain; list several methods of changing the brain's neuroplastic altered state caused by persistent pain; discuss the symmetry of brain-based pain and pleasure circuits to return brain homeostasis for pain control.

Neuromodulation

Giancarlo Barolat MD

At the end of this session, participants will be better able to list the disciplines involved in neurostimulation including but not limited to neurology, cardiology, vascular surgery, cariology, pain management, neurophysiology, and psychiatry; manipulate the functions of the nervous system through surgically implanted technology to control the malfunction of various body systems; list the various neurostimulation modalities; list indications for neurostimulation.

Manual Therapies in the Treatment of Pain

Marla D Golden DO MS

At the end of this session, participants will be better able to list the types of manual therapies available; discern the optimal manual therapy for various patients; discuss the current basic research documenting and determining the utility of manual therapy with respect to soft tissue injury; place manual therapy in the comprehensive pain management treatment plan.

Cognitive/Emotional Therapies for Neuroplastic Pain Syndromes

Albert L Ray MD

At the end of this session, participants will be better able to state the role cognitive-behavioral techniques can serve in helping patients minimize the impact of pain on their functional status, ability to think, emotions, and pain perception; identify four types of cognitive-behavioral therapies; instruct caretakers to utilize these approaches with a patient in pain; refer appropriately to retrain brain pathways on pain perception.

Peripheral Field and Peripheral Nerve Stimulation

Giancarlo Barolat MD

At the end of this session, participants will be better able to recite the history of peripheral nerve stimulation; identify the peripheral nerve roots, the large peripheral nerves, and the small subcutaneous nerve fibers; list peripheral nerve stimulation applications for pain; stimulate the peripheral nervous system for relief of pain.

Saturday, July 17, 2010

Afternoon Theme I: The Brain, the Body, and Pain Syndromes

Acupuncture in Pain Medicine

Di Fu MD (China), CA, FL Lic AP

At the end of this session, participants will be better able to discuss the history and development of acupuncture; describe the neurological mechanism of acupuncture; explain the Traditional Chinese Medicine (TCM) view of pain in terms of blockages in channels and collaterals and poor nourishment; explain the TCM treatment of pain in terms of regulating channels and collaterals and nourishing soft tissues; compare the value, efficacy, and efficiency of acupuncture pain treatment to western medical pain treatment.

Stem Cells in Pain Management

Christopher J Centeno MD

At the end of this session, participants will be better able to discuss the future of medicine as biologic, a shift from management to repair using adult mesenchymal stem cells (MSCs); list what MSCs have repaired to date; contrast and compare the safety of repair with MSCs vs surgical alternatives; debate fluoroscopy vs ultrasound use with MSC repairs; outline effects of radiographic contrast and anesthesia on cells; discuss stem cell manufacture and its regulation.

Medical, Rehabilitation, & Interventional Care: Sacral/Coccyx Injuries

Michael E Frey MD

At the end of this session, participants will be better able to list the risk factors for sacral insufficiency fractures (SIFs); recognize the signs and symptoms of SIFs; diagnose SIFs using physical examination and radiological technology; treat SIFs conservatively; discern when more aggressive treatment may be warranted; discuss percutaneous sacroplasty as an interventional therapy option; discuss a multi-center trial on the efficacy and safety of percutaneous sacroplasty for osteoporotic SIFs.

Regenerative Injection Therapies (RITs): Prolotherapy, Sclerotherapy, and Platelet Rich Plasma (PRP) in Pain Treatment

Felix S Linetsky MD

At the end of this session, participants will be better able to discuss the common mechanism of action that various injectates have when treating pain arising from connective tissue disorder; list current applications for RITs and discuss future possible applications; compare and contrast ultrasound vs fluoroscopy when guiding injection treatments; employ ultrasound guided injections for diagnosis of tendinopathies.

Prospective Interventional Pain Medicine Study – PRP Intradiscal Injection

Jack Miletic MD

At the end of this session, participants will be better able to discuss an ongoing prospective, randomized, controlled study investigating the utility of intradiscal platelet rich plasma (PRP) injections in patients with discogenic mediated low back pain as determined by discography.

Saturday, July 17, 2010

Afternoon Theme II: Physical Medicine and Rehabilitation Specialty Areas of Practice

How to Grow and Maintain an Outpatient Concussion Practice

Nathan D Zasler MD

At the end of this session, participants will be better able to medically direct an outpatient concussion clinic; examine potential staff and space requirements for an interdisciplinary concussion clinic; consider various options for concussion clinic assessments and treatments for improving patient care; discuss marketing strategies to improve/diversify patient referral base; compare the pros and cons of becoming involved in medicolegal work with cases involving concussion.

How to Grow and Maintain an Inpatient Rehabilitation Practice/Navigate IRF (Inpatient Rehabilitation Facility) Rules, Denials, and Inpatient Rehabilitation Requirements

Mitchell J Freed MD

At the end of this session, participants will be better able to access and discuss new policies for determining and documenting the medical necessity of an IRF admission; identify Criteria for IRF admissions to be Considered Reasonable and Necessary; document appropriately and adequately for IRF admissions; comply with CMS requirements regarding documentation rules for physician extenders and Residents.

How to Grow and Maintain an Independent Medical Evaluation Practice

Anthony J Dorto DC MD FAAPM&R FAADEP

At the end of this session, participants will be better able to prepare a complete, state-of-the-art independent medical evaluation, and when appropriate, perform a complete, state-of-the-art independent medical examination; list your IME practice in professional directories; educate your referral sources (case manager, attorney, insurance adjuster, etc) about your specialty; purchase evaluation instruments; avoid IME conflicts.

How to Grow and Maintain a Neurotoxin Practice

Carolyn Geis MD

At the end of this session, participants will be better able to recall the mechanism of action for injectable neurotoxins; list the currently approved indications for neurotoxins; train for neurotoxin injection; review indications for benefit of neurotoxin injection; document procedures appropriately; measure patient outcomes.

How to Provide Education for Medical Students, Physical Medicine and Rehabilitation (PM&R) Residents, and Spine/Pain Fellows within a Busy Clinical Environment

Andrew L Sherman MD MS

At the end of this session, participants will be better able to outline the framework of providing medical education in PM&R; discuss the competency based teaching used to create well rounded physicians; evaluate the effectiveness of teaching and learning; give appropriate feedback to achieve higher learning.

Sunday, July 18, 2010

All Attendees

Florida Board of Medicine Pain Clinic Rules and Update

Christopher L Nuland Esq

At the end of this session, participants will be better able to comply with recent legislative and regulatory changes pertaining to the practice of pain medicine.

Legislative Update from the Florida Medical Association

Miguel A Machado MD

At the end of this session, participants will be better able to discuss recent Florida legislation as it pertains to the practice of medicine in general and pain medicine in particular; place the role of the FMA in the legislative process.

How You Can Get Involved

Raul A Monzon MD, Albert L Ray MD, Marla Golden DO

At the end of this session, participants will be better able to outline the legislative process; effectively participate politically in advocating for better pain care for the citizens of Florida at the hospital level, county medical society level, specialty society level (FAPM), state level (FMA), and national level (American Academy of Pain Medicine/ American Board of Pain Medicine; use the FAPM website to become part of the pain care process for the state of Florida.

Ultrasound in Pain Management

Robert W Irwin MD

At the end of this session, participants will be better able to list the different diagnostic and therapeutic uses for ultrasound in pain management; compare the advantages and disadvantages of ultrasound; compare and contrast ultrasound vs radiographic techniques; employ ultrasound techniques in your pain practice.

Small Fiber Neuropathy: Diagnosis and Management Options

Ronald B Tolchin DO

At the end of this session, participants will be better able to discuss the causes and symptoms, associated conditions, concomitant autonomic dysfunction, and distribution of small fiber neuropathy; list and employ appropriate diagnostic tools; review and use various pain management treatment options for this disorder.

FAPM reserves the right to make changes in program content and/or speakers if necessary. The views, opinions, and information presented by the speakers do not necessarily represent those of the Florida Academy of Pain Medicine, Inc.

