

**Painful degenerative diseases require biologic solutions for treatment.
Regenerative future has arrived, come join us and learn.**



2016 Program Draft Schedule

August 12-14, 2016

Florida Academy of Pain Medicine (FAPM)

**Florida Society of Physical Medicine &
Rehabilitation (FSPM&R)**

**American Academy of Regenerative Orthopedic Medicine (AAROM)
with pre-conference workshops**



WORKSHOPS

A) Musculoskeletal Ultrasound Workshop Friday, August 12, 2016

8:00 a.m. – 5:00 p.m. (8 hours of CME)

Faculty: Felix Linetsky, MD, Michal Scarpone, DO, Keith Hansen, DC, Musculoskeletal Sonographer.

Correlation of physical findings, clinical anatomy with ultrasonography shoulder, knee, hip, (costotransverse joints and cervical median branch blocks (for advanced participants)). Regenerative Injection Therapy and PRP demonstration with ultrasound guidance on patients.

Also included: **Interventional Spinal Procedures**

Faculty: Vinod Malik, MD, Raul Monzon, MD, Louis Raso, MD

Teaches the use of invasive techniques such as facet joint injections, nerve blocks, neuroaugmentation, spinal fusion and implantable drug delivery systems.

B) Interdisciplinary Approach & Future of Pain Medicine Friday, August 12, 2016

8:00 a.m. – 5:00 p.m. (8 hours of CME)

Agenda attached

C) Florida Society of Physical Medicine & Rehabilitation Workshop Friday, August 12, 2016

8:00 a.m. – 5:00 p.m. (8 hours of CME)

Agenda attached

**All 3 workshops run consecutively
You may only register for one.**

B) Interdisciplinary Approach & Future of Pain Medicine

“New Issues in Why We Hurt and What to Do About It”

8:00–8:15 a.m. **Introduction of faculty and the program** – Albert Ray, MD

- a. Morning: What We are Learning & Why We Hurt
- b. Afternoon: What We Are Learning to Do About It

8:15–9:00 a.m. **The Body, Brain and Pain** – Albert Ray, MD

- a. The holographic pain complex: physical, stress, mood, cognitions, memory
- b. Which organ hurts?
- c. Brain complex or fascial-organ response?
- d. Sensitization and neuroplasticity
 - i. Physical
 - ii. Stress related
 - iii. Addiction

9:00–9:45 a.m. **Low Level Inflammation and Fascia** – Marla Golden, DO

- a. Fascial architecture
- b. Glial cells and recruitment
- c. Fascial response to stimulation/excitation
- d. Mense’s work: Sensitization of fascia

9:45–10:00 a.m. **Break**

10:00-10:30 a.m. **The role of cytokines** – Marla Golden, DO

10:30-11:15 a.m. **The role of the gut, nutrition, and toxins** – Steve Wheeler, MD

11:15-12:00 p.m. **The mitochondria and energy** – Carol Davis, Ph.D.

12:00-1:00 p.m. **Lunch and The opioid crisis: Can we resolve it?** – Richard Stieg, MD

1:15-2:00 p.m. **Medical Laser Applications that work** – Michael Weber, MD

2:00-2:45 p.m. **Manual Therapies that work** - Brent Anderson, Ph.D. & Carol Davis, DPT, EdD, FAPTA

2:45-3:30 p.m. **Functional Medicine & Pain** – Steve Wheeler, MD

3:30-3:45 p.m. **Break**

3:45-4:30 p.m. **Proper Opioid Management** – Richard Stieg, MD

4:30-5:15 p.m. **Non pharmacological therapies** – Albert Ray, MD

- a. The physical response to the mind
- b. Talking with your fascia
- c. The language of healing

C) Florida Society of Physical Medicine & Rehabilitation Workshop

8:00 – 9:00 AM

The Future of Pain Medicine

Randall Braddom MD

9:00 – 10:00 AM

Disability and Workers Compensation

Anthony Dorto MD

10:00 – 10:15 AM Coffee Break

10:15 – 11:00 AM

How do Nurse Practitioners Optimize a PM&R Practice?

LaMisa Rayside ARNP-BC

Brandi Silinski ARNP

11:00 AM – 12:00 PM

Update on Subacute Rehabilitation

Nicholas Henderson MD

12:00 – 1:00 PM Lunch

1:00 – 2:00 PM

Medical Marijuana Update

Penelope Ziegler MD

2:00 – 3:00 PM

Update on Intrathecal Therapies

Robert Kent DO

3:00 – 3:30 PM – Break in Exhibit Hall

3:30 – 4:15 PM

Building a PM&R Residency Program

Alan Novick MD

4:15 – 5:00 PM

Treatment & Management of Spinal Stenosis

Nilusha Fernando DO

5:00 – 5:45 PM

Multimodal Approached to Treatment of Low Back Pain

Lindsay Shroyer MD

16th Annual Meeting Lecture Series

Saturday, August 13, 2016

- 7:00 A.M. – 8:00 A.M.** **Registration & Breakfast in the Exhibit Hall**
- 8:00 A.M. – 8:15 A.M.** **Welcome:** Vinod Malik, MD, President FAPM, Michael Creamer, DO, President FSPMR, Felix Linetsky, MD, President AAROM
- Program at a Glance:** Interventional Fluoroscopy & Ultrasound Guided Procedures in Pain & Dysfunctions, Updates on Opioid Prescriptions, Legal Updates & more.
- 8:15 A.M. – 9:00 A.M.** **Pain Medicine Issues Today – Dr. Randall Braddom**
- 9:00 A.M. – 9:45 A.M.** **Implantable Devices & Pump Therapy, Ramsin Benyamin, MD**
- 9:45 A.M. – 10:15 A.M.** **Exhibit Hall Break**
- 10:15 A.M. – 11:00 A.M.** **Advance Stimulation Techniques – Jason Pope, MD**
- 11:00 A.M. – 12:00 P.M.** **Epidural lysis of adhesions – Gabor Racz, MD**
- 12:00 P.M. – 12:45 P.M.** **Luncheon & Presentation on Pump Therapy – Ramsin Benyamin, MD**
- 12:45 P.M. – 1:15 P.M.** **FAPM Annual Business Meeting**
- 1:15 P.M. – 2:00 P.M.** **Full Endoscopic Spinal Surgery From Concept to Reality**
Marion McMillen, MD
- 2:00 P.M. – 2:45 P.M.** **Use of Biologic Injectates PRP, Stem Cells, Chorionic Membrane for Pain Treatment with Regenerative Injection Therapy – Michael Scarpone, DO**
- 2:45 P.M. – 3:30 P.M.** **Regenerative Injection Therapies Principles & Practice – Felix Linetsky, MD**
- 3:30 P.M. – 4:00 P.M.** **Exhibit Hall Break**
- 4:00 P.M. – 4:45 P.M.** **Use of Stem Cells in the Treatment of Discogenic Pain with Regenerative Injection Therapy – Farhan Siddiqui, MD**
- 4:45 P.M. – 5:30 P.M.** **Nitromedicine -A New Medical Specialty -Salaheldin Halasa, MD**
- 5:45 P.M. – 7:15 P.M.** **President’s & FAPM Reception in the Exhibit Hall**
- 7:15 P.M. – 9:15 P.M.** **FSPMR Dinner & Annual Business Meeting**

Sunday, August 14, 2016

**The Legislative Day
(How the new laws affect the physician's practices in Florida)**

7:30 A.M. – 8:15 A.M. Registration/Breakfast in the Exhibit Hall

8:15 A.M. – 9:45 A.M. Opioid Crisis Symposium

Panel Discussion led by Albert Ray, MD

Darrell Contreras, Esq., Stanley Dennison, MD

9:45 A.M. – 10:15 A.M. Break in the Exhibit Hall

10:15 A.M. – 12:00 P.M. Legislative Updates Affecting the Practice of Pain Medicine:

Featuring David Aronberg, State Attorney, Ralph Nobo, MD, FMA
President

& Jeff Scott, FMA Lobbyist