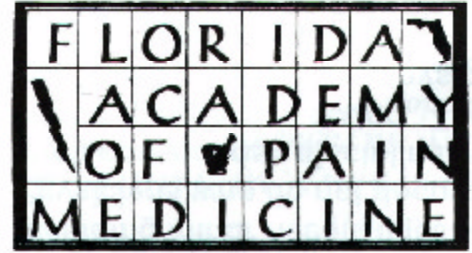


# PAIN<sub>info</sub>



NEWS FROM THE FLORIDA ACADEMY OF PAIN MEDICINE ♦ VOL 7, NO. 2 ♦ SPRING 2002

## PRESIDENT'S MESSAGE

Dear Members,

Whether you believe in narcotics or not for pain management, the conviction of Dr. James Graves on manslaughter charges recently has sent a shudder through the pain community. However, as an AHCA reviewer of his case, let me assure you that Dr. Graves was a BAD DOCTOR. Although he claimed to be a pain doctor, he had no pain training whatsoever (he was a flight surgeon in the Navy). His initial evaluation would be as brief as "history of low back pain;" there was no physical exam, no review of records, no diagnostic studies, and no consultations. All the patients got the same prescriptions (Oxycontin, Lortab, Soma, and Xanax), with the prescriptions written the night before, and all visits for cash only. He claimed to be trying to help the patients without insurance by seeing patients for cash only (\$120 initial visit, \$60 for follow ups), but the majority of the patients he saw got their prescriptions filled on their Medicaid cards. He made \$500,000 his first year, but claimed to be indigent at his trial and received two court-appointed lawyers. When asked on the stand why he did not get any consultations, he replied, "I am the expert." I don't know about you, but I think this kind of "pain doc" gives our specialty a bad name.

The response in the State legislature was predictable. A bill has passed the Senate setting up an electronic database to track narcotic prescriptions. Although it was originally only going to be used to track doctor prescribing habits, the bill has been modified to allow doctors to access the databank to identify patients receiving narcotics from other doctors. Another provision of the bill would have required triplicate or watermarked sequentially numbered prescription pads, but that was defeated. An advisory counsel which will be set up to monitor the prescribing practices now will have an FAPM member on the panel. The net effect I think will be positive. I have spent a long time talking to the State's attorney who prosecuted Dr. Graves. You have nothing to fear as long as you practice good medicine: a thorough history and physical, review of records, appropriate referrals and diagnostic studies, treatment plan, monitor narcotic effect. Again we've included a Narcotic Survey which we would like for you to complete, if you have not already done so, and mail into the FAPM office, address on this page.

On a last disturbing note, I got a call last week from the president of FPIC, one of the largest insurers in the state, informing me that FPIC was "getting out of the pain business." This can only be bad for the pain community in general, and I expect to see similar responses from other insurers. This is why the tort reform issue being pushed by the FMA is so important. This is why being a member of FAPM is so important. A single voice has no weight. We must come together to fight a common enemy.

So come join us at the annual meeting May 30th in Orlando. We've enclosed a membership application to encourage you to recruit your colleagues. Meet new colleagues and catch up with old friends. Learn hands-on skills, while the whole family has fun.

See you in Orlando!

Andrea M. Trescot, MD  
President, FAPM

## FAPM NOTICES

### FAPM OFFICE

Effective July 1, 2001, the Florida Academy of Pain Medicine contracted with Lorry S. Davis, M.Ed., to be our Executive Director and provide administrative services. You may contact FAPM and/or Ms. Davis through the following:

Florida Academy of Pain  
Medicine  
7008 S.W. 30th Way  
Gainesville, FL 32608

**Phone:** 352-372-9360

**Fax:** 352-373-8034

**Email:** [Lorry4@earthlink.net](mailto:Lorry4@earthlink.net)

**URL:** [fapm.med](http://fapm.med) or  
[fapm.med.new.net](http://fapm.med.new.net)

**Narcotic Survey**

- 1). Do you use narcotics in your practice for noncancer pain?
  - a). never
  - b). rarely
  - c). for selected patients
  - d). for most patients
- 2). If you use narcotics, which ones do you use regularly? (check all that are appropriate)
  - a). N/A
  - b). Oxycontin
  - c). Duragesic
  - d). MSContin
  - e). methadone
  - f). hydrocodone
  - g). meperidine
- 3). Do you believe that Oxycontin is a useful medication?
  - a). yes
  - b). no
  - c). in certain circumstances
  - d). I am unsure
- 4). Should Oxycontin be banned?
  - a). yes
  - b). no
- 5). Should Oxycontin use be restricted to specialists?
  - a). yes
  - b). no
- 6). Should Attorney Butterworth proceed with a lawsuit against Oxycontin?
  - a). yes
  - b). no
- 7) Should nurse practitioners have the ability to prescribe narcotics?
  - a). yes
  - b). no

**GAIN SOME TOOLS at the 2002 FAPM Meeting**

The main goal of the FAPM's 2002 conference is to enable the attendees to enhance their knowledge of pain medicine, as well as their patient care abilities. Of equal importance in today's atmosphere of dwindling reimbursement, attendees to the 2002 FAPM conference should easily learn new skills that will quickly translate into enhanced revenues.

We will have 4 hands-on workshops, for an additional fee, in which the 20-25 attendees (limited to each workshop) will be able to either: 1) learn Regenerative Injection Techniques with cadaver and C-arm enhancement; 2) learn how to use Selective Tissue Conductance Testing, a relatively new technique, which has a Medicare billing code, to diagnose autonomic nervous system disorders as well as other pain-related disorders; 3) learn how to use Botulinum Toxin Type B in the treatment of headache, or 4) learn IDET (Intradiscal Electrothermal Therapy) techniques, utilizing C-arm and cadaver.

All 4 workshops take place on Thursday, May 30th, the day before the Annual Conference begins.

We are honored this year to have 2 "Visiting Professors." David Longmire, MD, Clinical Associate Professor, Department of Internal Medicine, University of Alabama School of Medicine-Huntsville Program, a noted authority on the autonomic nervous system, will present the Keynote Address, "The Autonomic Nervous System and Chronic Pain" at dinner on Saturday, June 1, 2002.

Earlier that day, Conor O'Neil, MD, will be presenting the ISIS Protocols for the Treatment of Low Back Pain.

There are a host of other highly clinical talks. Please review the program Schedule-at-a-Glance which is part of this newsletter to see all the topics and speakers we are offering.

Highly topical, non-clinical talks will include Andrea Trescot, MD, FAPM President, speaking about Compliance Planning and Implementation. Richard Johns, a partner at Foley and Lardner, will discuss the new HIPPA Privacy Regulations, which have created a great deal of concern in the medical community.

The FAPM's new movement to accredit Pain Centers in Florida will be described by Gary W. Jay, MD, currently FAPM's President-Elect. Accreditation will be voluntary.

There will be up to 26.25 hours of category 1 CME offered to learn new pain management diagnostic and treatment techniques for both the non-interventional Pain Management Specialist, as well as the Interventional Anesthesiologists.

Physicians may attend for the weekend (Saturday and Sunday) only at a reduced rate if they are unable to attend the entire conference..

Our second major goal is to increase our presence in Florida, increase our membership and provide an excellent venue in Central Florida (at the Rosen-Plaza Hotel on International Drive, in Orlando) for FAPM members and prospective members to get to know each other.

We look forward to an excellent and well-attended conference.

Gary W. Jay, M.D., President-Elect, 2002 Program Chair

# ACCREDITATION INFORMATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Board of Quality Assurance and Utilization Review Physicians (ABQAURP) and the Florida Academy of Pain Medicine. ABQAURP is accredited by the ACCME to provide continuing medical education for physicians.

The American Board of Quality Assurance and Utilization Review Physicians designates this educational activity for a maximum of 26.25 hours in Category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the activity.

## Schedule at a Glance

### THURSDAY, MAY 30

#### TRACT "A"

8:00 am – 12:00 pm

INTRADISCAL ELECTROTHERMAL THERAPY with Cadaver Demonstrations (Dennis Doherty, DO)

12 – 1 Lunch on Your Own

1 – 5 pm

REGENERATIVE INJECTION THERAPY (RIT) FOR PAINFUL SHOULDER / NECK SYNDROMES with Live and Cadaver (Felix Linetsky & Bjorn Eek, MD)

5:00 – 7:00 pm Registration/Refreshments w/ Exhibitors

#### TRACT "B"

9:00 am – 12:00 pm

BOTULINUM TOXIN TYPE B in the TREATMENT of HEADACHE (Gary W Jay, MD)

12 – 1 pm Lunch on Your Own

1 – 5 pm

SELECTIVE TISSUE CONDUCTANCE, A New Diagnostic Tool (David Longmire, MD)

5:00 – 7:00 pm Registration/Refreshments w/ Exhibitors

### FRIDAY, MAY 31

7:00 am

Registration/Continental Breakfast w/ Exhibitors

7:45 am

Introduction – Andrea Trescot, MD, FAPM President

8:00–9:00 am

Opioids and Regulation (Rafael Miguel, MD)

9:00–10:00 am

Minimally Invasive Surgical Treatment for Discogenic Injury (Merrill Reuter, MD)

10:00–10:30 am

Coffee Break w/ Exhibitors

10:30–11:15 am

Clinical Anatomy in Relation to Painful Cervicothoracic Problems, Diagnostic & Therapeutic Approaches w/ RIT (Felix Linetsky, MD)

11:15 am–12:00 pm

Diagnosis & Treatment of Painful Shoulder Problems w/ RIT (Bjorn Eek MD)

12:00–1:00 pm

Lunch

1:00–2:00 pm

Compliance Planning and Implementation (Andrea Trescot, MD)

2:00–3:00 pm

Facial Pain (Brian Fuselier, DDS)

3:00–3:30 pm

Beverage Break w/ Exhibitors

3:30–4:30 pm

Reflex Sympathetic Dystrophy/Complex Regional Pain Syndrome Type 1 – Diagnosis & Treatment (Gary W Jay, MD)

4:30–5:00 pm

Roundtable with All Presenters

5:00–6:00 pm

Refreshments w/ Exhibitors

### SATURDAY, JUNE 1

7:00 am

Continental Breakfast w/ Exhibitors/Registration

8:00–8:45 am

ISIS Protocols for LBP in View of Current Research (Conor O'Neil, MD)

8:45–9:30 am

Interventional Treatment of Cervical Disorders (Conor O'Neil, MD)

9:30–10:00 am

Coffee Break w/ Exhibitors

10:00–11:30 am

Myofascial Pain Syndrome and Fibromyalgia (Gary W Jay MD)

11:30 am–1:00 pm

Lunch – Business Meeting

1:00–2:00 pm

Fire and Ice-A Comparison of Radiofrequency & Cryoneurolysis (Andrea Trescot, MD)

2:00–3:00 pm

Transforaminal Epidural Injections and Stenosis (Kenneth Botwin, MD)

3:00–5:00 pm

New HIPPA Privacy Regulations–What They Mean to Your Practice (Richard Johns, JD/Christina Zorn, JD)

5:00–5:30 pm

Roundtable with Speakers

6:30 pm

Refreshments

7:00 pm

Dinner

8:00–9:00 pm

**Keynote Address:** The Autonomic Nervous System and Chronic Pain (David Longmire, MD)

### SUNDAY, JUNE 2

8:00–9:00 am

Management of Foot and Ankle Pain (Peter Taraschi, DO)

9:00–10:00 am

Psychological Evaluation of the Chronic Pain Patient – What it Can Do to Help You (Robert Pollack, MD)

10:00–10:30 am

FAPM Pain Center Accreditation (Gary W Jay, MD)

10:30–10:45 am

Break

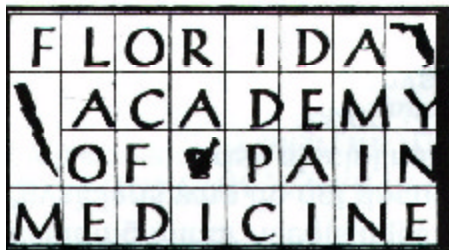
10:45 am–12:00 pm

Neutraceuticals in Pain Management (Bach McComb, DO)

12:00 pm

Conference Closure

*For Program Detail, visit FAPM's website, <http://fapm.med>. Some older software does not recognize the domain extension .med. If this is the case, use <http://fapm.med.new.net>. Click on Program Detail from the Home Page. All information about the conference is on the website.*



7008 S.W. 30th Way  
Gainesville, FL 32608

The Florida Academy of Pain Medicine is proud to present the

# **2002 ANNUAL CONFERENCE**

May 30 - June 2, 2002

Orlando, FL

The Rosen Plaza Hotel, International Drive

**JOIN  
US IN ORLANDO!  
SEE INSIDE FOR  
CONFERENCE INFORMATION**

