

## Florida Academy of Pain Medicine, 2002 PROGRAM DETAIL

*Educational Objectives are all preceded with "At the end of this session, participants should be better able to...."*

**THURSDAY, MAY 30**

### **TRACT "A"**

8:00 am – 12:00 pm **INTRADISCAL ELECTROTHERMAL THERAPY (IDET) with Cadaver Demonstrations**

**Dennis C. Doherty, D.O.**, Board Certified Pain & Addiction Specialist  
Atlanta GA

*....identify disc pathology; recall criteria for patient selection for this therapy; perform the IDET procedure; prescribe appropriate post-procedure activity and physical rehabilitation guidelines; discuss outcome studies related to this procedure.*

12:00 – 1:00 **Lunch on Your Own**

1:00 – 5:00 pm **REGENERATIVE INJECTION THERAPY (RIT) FOR PAINFUL SHOULDER/NECK SYNDROMES with Live and Cadaver Demonstrations**

**Felix S. Linetsky, M.D.**, Clinical Associate Professor Department of Family Medicine,  
Nova Southeastern College of Osteopathic Medicine, Assistant Professor,  
Department of Anatomy, University of South Florida, College of Medicine  
Palm Harbor, FL  
**Bjorn C. J. Eek, M.D.**  
Diplomate, American Board of Orthopaedic Surgery, Orthopedic Medicine  
Santa Barbara CA

*....correctly diagnose chronic, painful conditions of the locomotive systems; identify normal & pathologic cross-sectional and clinical shoulder/neck anatomy, as well as anatomical variations; discuss current literature which supports manipulation under local joint anesthesia, as well as a series of anesthetic blocks for diagnosis of somatic pain; perform the RIT procedure.*

### **TRACT "B"**

9:00 am – 12:00 pm **BOTULINUM TOXIN TYPE B in the TREATMENT of HEADACHE**

**Gary W. Jay, M.D., F.A.A.P.M., D.A.A.P.M.**, Pain Management/Neurology  
Medical Director, Pain Management and Rehabilitation Institutes, LLC  
Lake Mary, FL

*....discuss the physiology and pharmacology of botulinum toxin B; relate the pathophysiology of tension-type headache and migraine headache; perform techniques using botulinum toxin B for the treatment of headache.*

12:00 – 1:00 **Lunch on Your Own**

1:00 – 5:00 pm **SELECTIVE TISSUE CONDUCTANCE, A New Diagnostic Tool**

**David R. Longmire, M.D.**, Clinical Associate Professor, Department of Internal Medicine  
University of Alabama School of Medicine – Huntsville Program, Huntsville AL  
Russellville AL

*....discuss the benefits of sudomotor testing for sympathetically-mediated pain and other sympathetically-induced pain problems; identify specific clinical problems by using selective tissue conductance; describe the relationship between sudomotor testing and other autonomic nervous system involvement.*

5:00 – 7:00 pm **Registration/Refreshments w/ Exhibitors**

**FRIDAY, MAY 31**

7:00 am **Registration/Continental Breakfast w/ Exhibitors**

7:45 am **CONFERENCE OPENING**

**Andrea M. Trescot, M.D.**

President, FAPM, Director, The Pain Center, Orange Park FL

8:00–9:00 am **OPIOIDS AND REGULATION**

**Raphael Miguel, M.D.**, Professor and Chief Anesthesiology Service, Director of Pain Management Fellowship Program, H .Lee Moffitt Cancer Center & Research Institute at the University of South Florida, Tampa FL

.... describe the difference between a Florida Statute and a Board of Medicine Rule; describe the general tenets of the Florida Intractable Pain Statute; identify the 4 basic requirements which will reduce the likelihood of disciplinary action by the Board of Medicine when prescribing controlled substances; identify the most common deficiencies which lead to disciplinary action on one's medical license; recall the disciplinary guidelines associated with improper prescribing practices relating to controlled substances.

9:00 –10:00 am **MINIMALLY INVASIVE SURGICAL TREATMENT FOR DISCOGENIC INJURY**

**Merrill W. Reuter, M.D., F.A.C.S.**, Board Certified Orthopaedic Surgeon, Fellowship Trained Spine Surgeon, Minimally Invasive Spine Surgery Specialist Advanced Orthopaedics of South Florida, Lake Worth, FL

....outline the history and outcomes of using percutaneous and endoscopic instrumentation, as opposed to conventional, open procedures to perform spine surgery; describe how patient care is enhanced (less time in a hospital and less time convalescing, quicker recovery to functionality) through percutaneous technique advancement for discectomies and decompression.

10:00–10:30 am **Coffee Break w/ Exhibitors**

10:30–11:15 am **CLINICAL ANATOMY IN RELATION TO PAINFUL CERVICOTHORACIC PROBLEMS, DIAGNOSTIC & THERAPEUTIC APPROACHES W/ REGENERATIVE INJECTION THERAPY (RIT)**

**Felix S. Linetsky, M.D.**

.... review normal & pathologic cross-sectional and clinical cervicothoracic anatomy, as well as anatomical variations; discuss current literature regarding nonsteroidal anti-inflammatory drugs and steroid preparations in chronic painful overuse conditions, as well as degenerative painful conditions of ligaments and tendons of the cervicothoracic region vs current literature regarding microinterventional regenerative techniques and proper rehabilitation including mild opioid analgesics for this region

11:15 am–12:00 pm **DIAGNOSIS & TREATMENT OF PAINFUL SHOULDER PROBLEMS W/ RIT**

**Bjorn C. J. Eek, M.D.**

.... review normal & pathologic cross-sectional and clinical shoulder anatomy, as well as anatomical variations; discuss current literature regarding nonsteroidal anti-inflammatory drugs and steroid preparations in chronic painful overuse conditions, as well as degenerative painful conditions of ligaments and tendons of the shoulder vs current literature regarding microinterventional regenerative techniques and proper rehabilitation including mild opioid analgesics for this region.

12:00–1:00 pm **Lunch**

1:00–2:00 pm **COMPLIANCE PLANNING AND IMPLEMENTATION**

**Andrea M. Trescot, M.D.**

....outline the components and benefits (for patients and practices) of a compliance plan for practices with patients covered through federal health care programs; recall the high risk areas identified by the Office of the Inspector General.

2:00–3:00 pm **FACIAL PAIN**

**Brian D. Fuselier, D.D.S.**, Oral & Maxillofacial Surgery, P.A., Orlando

....recite the neural and anatomical basis of face pain, temporomandibular disorder, and headache; describe why many pain disorders of the face and head mimic one another; rule out divergent pain etiology of the trigeminal system that overlaps; differentiate the diagnosis of trigeminal pain.

3:00–3:30 pm **Beverage Break w/ Exhibitors**

3:30–4:30 pm **REFLEX SYMPATHETIC DYSTROPHY/COMPLEX REGIONAL PAIN SYNDROME TYPE 1 –  
DIAGNOSIS & TREATMENT**

**Gary W. Jay, M.D., F.A.A.P.M., D.A.A.P.M.**

...discuss the pathophysiology of CRPS Type 1/RSD; describe treatment methodologies for CRPS Type 1/RSD; relate sympathetically mediated/maintained pain.

4:30–5:00 pm **Roundtable with All Presenters**

5:00–6:00 pm **Refreshments w/ Exhibitors**

**SATURDAY, JUNE 1**

7:00 am **Continental Breakfast w/ Exhibitors/Registration**

8:00–8:45 am **ISIS PROTOCOLS FOR LOW BACK PAIN IN VIEW OF CURRENT RESEARCH**

**Conor O’Neill, M.D.**, Director of Research and Development  
Spinal Diagnostics and Treatment Center, Daly City CA

...recall current guidelines for interventional treatments of lumbar spinal pain.

8:45–9:30 am **INTERVENTIONAL TREATMENT OF CERVICAL DISORDERS**

**Conor O’Neill, M.D.**

...recall current guidelines for interventional treatments of cervical spinal pain.

9:30–10:00 am **Coffee Break w/ Exhibitors**

10:00–11:30 am **MYOFASCIAL PAIN SYNDROME AND FIBROMYALGIA**

**Gary W. Jay, M.D., F.A.A.P.M., D.A.A.P.M.**

...relate the pathophysiology of myofascial pain syndrome and fibromyalgia; describe interdisciplinary treatment for both MPS and fibromyalgia.

11:30 am–1:00 pm **Lunch – FAPM Annual Business Meeting**

1:00–2:00 pm **FIRE AND ICE – A COMPARISON OF RADIOFREQUENCY & CRYONEUROLYSIS**

**Andrea M. Trescot, M.D.**

...identify the difference between radiofrequency lesioning and cryoneuroablation; compare the advantages and disadvantages of each technique; compare and contrast the clinical indications for each procedure.

2:00–3:00 pm **TRANSFORAMINAL EPIDURAL INJECTIONS AND STENOSIS**

**Kenneth P. Botwin, M.D.**, Physical Medicine & Rehabilitation, Board Certified  
Florida Spine Institute, Clearwater FL

...outline the history of TFESIs; describe the technique of TFESIs; relate the outcome data of TFESIs in lumbar spinal stenosis patients, including literature regarding complications.

3:00–5:00 pm **NEW HIPPA PRIVACY REGULATIONS – WHAT THEY MEAN TO YOUR PRACTICE**

**Richard W. Johns**, Attorney-at-Law, Foley & Lardner, Orlando FL  
**Christina K. Zorn**, Attorney-at-Law, Foley & Lardner, Orlando FL

...provide the assessment, planning, compliance, and monitoring necessary to comply with privacy standards for individually identifiable health information required under the Health Insurance Portability and Accountability Act of 1996, with a compliance deadline of April 14, 2003.

5:00–5:30 pm **Roundtable with Speakers**

6:30 pm **President's Reception**

7:00 pm **President's Dinner**

8:00–9 pm **KEYNOTE ADDRESS: THE AUTONOMIC NERVOUS SYSTEM AND CHRONIC PAIN**

**David R. Longmire, M.D**

*...relate the interaction of the autonomic nervous system with the central sensory systems in the etiology of chronic pain; list aspects of autonomic nervous system involvement in various pain-related clinical problems; describe the effects of the autonomic nervous system on various chronic pain syndromes.*

**SUNDAY, JUNE 2**

8:00–9:00 am **MANAGEMENT OF FOOT AND ANKLE PAIN**

**Peter W. Taraschi, D.O.,** Healthcare, Palm Bay FL

*...recite diagnosis and treatment of painful foot conditions of the foot and ankle as well as problems of somatic and neuropathic origin, such as acute and chronic plantar fasciitis and ankle sprain; discuss various forms of tendon, joint, and osseous pathology, as well as peripheral neuropathy, radiculopathy, and RSD.*

9:00–10:00 am **PSYCHOLOGICAL EVALUATION OF THE CHRONIC PAIN PATIENT –  
WHAT IT CAN DO TO HELP YOU**

**Bob Pollack, M.D.,** CEO, The Rondo Group, Longwood, FL

*...relate the importance of discovering the bio-psycho-social elements of your pain patient in order to provide effective pain management; predict the development of chronic pain; outline the characteristics of pain-related disabled people; describe the determinants of pain perception and the domains for evaluation; compare and contrast various rating scales; relate healthcare professional and healthcare system barriers to effective pain management.*

10:00–10:30 am **FAPM PAIN CENTER ACCREDITATION**

**Gary W. Jay, M.D., F.A.A.P.M., D.A.A.P.M.**

*...outline the research regarding the various types of pain centers; compare and contrast the benefits to patients of interdisciplinary vs single procedure pain centers; describe the methodology of volunteer accreditation.*

10:30–10:45 am **Break**

10:45 am–12:00 pm **NEUTRACEUTICALS IN PAIN MANAGEMENT**

**Bach A. McComb, D.O., N.D., Ph.D., O.M.M.F., D.A.A.P.M.,** Ft Lauderdale FL

*...outline stressors for the chronic pain patient, including nutritional stress and depletion of organ reserves including endocrine hormones; describe basic nutritional and hormonal imbalances associated with chronic pain; list specific nutraceuticals to help manage chronic pain, muscle spasm, support quality sleep; assess specific nutritional challenges/imbalances; treat specific nutritional challenges/imbalances.*

12:00 pm **CONFERENCE CLOSURE**

**Gary W. Jay, M.D., F.A.A.P.M., D.A.A.P.M.**